



## 2023 MIAC Women's Soccer Awards

### 2023 MIAC Women's Soccer Offensive Player of the Year

| Position | Name      | Institution   | Class | Hometown   High School | Previous Selections |
|----------|-----------|---------------|-------|------------------------|---------------------|
| M        | Ari Green | St. Catherine | Sr.   | Hastings, Minn.        | --                  |

### 2023 MIAC Women's Soccer Defensive Player of the Year

| Position | Name       | Institution | Class | Hometown   High School    | Previous Selections |
|----------|------------|-------------|-------|---------------------------|---------------------|
| D        | Piper Dean | Carleton    | Jr.   | Arlington, Va.   Yorktown | 2022                |

### 2023 MIAC Women's Soccer Rookie of the Year

| Position | Name          | Institution | Class | Hometown   High School               |
|----------|---------------|-------------|-------|--------------------------------------|
| F        | Emily Johnson | St. Olaf    | Fy.   | Vadnais Heights, Minn.   Mounds View |

### 2023 MIAC Women's Soccer Coach of the Year

| Name            | Institution | Previous Selections |
|-----------------|-------------|---------------------|
| Jessica Mueller | Carleton    | 2022                |

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## 2023 MIAC Women's Soccer All-Conference

| Position | Name                 | Institution    | Class | Hometown   High School                                    | Previous Selections          |
|----------|----------------------|----------------|-------|-----------------------------------------------------------|------------------------------|
| D        | Piper Dean           | Carleton       | Jr.   | Arlington, Va.   Yorktown                                 | 2022                         |
| M        | Cat Duffy-Shaw       | St. Olaf       | So.   | Minneapolis, Minn.   Academy of Holy Angels               | 2022                         |
| F        | Amanda Elton         | St. Catherine  | Sr.   | Cottage Grove, Minn.   Park                               | 2019   2021   2022           |
| D        | Sam Gotch            | Carleton       | So.   | Pacifica, Calif.   Saint Ignatius                         | --                           |
| M        | Ari Green            | St. Catherine  | Sr.   | Hastings, Minn.                                           | 2022                         |
| F        | Julia Hanson         | Macalester     | Fy.   | Weston, Mass.                                             | --                           |
| F        | Briana Henaman       | St. Catherine  | So.   | Forest Lake, Minn.   Lakes International Language Academy | --                           |
| F        | Megan Hensel         | Augsburg       | Sr.   | Woodbury, Minn.                                           | --                           |
| M        | Emily Hinze          | St. Catherine  | Gr.   | Mendota Heights, Minn.   Henry Sibley                     | --                           |
| GK       | Abigail Heuga        | Macalester     | Fy.   | San Francisco, Calif.   Urban School of San Francisco     | --                           |
| F        | Emily Johnson        | St. Olaf       | Fy.   | Vadnais Heights, Minn.   Mounds View                      | --                           |
| M        | Kathryn Kresse       | Carleton       | So.   | Woodside, Calif.   Crystal Springs Uplands School         | --                           |
| F        | Hannah Kvant         | Bethel         | Fy.   | St. Michael, Minn.   St. Michael-Albertville              | --                           |
| M        | Dakota Leonard       | Saint Mary's   | Jr.   | Lincolnshire, Ill.   Adlai E. Stevenson                   | 2022 (HM)                    |
| D        | Olivia Miller        | Saint Benedict | Jr.   | Eagan, Minn.                                              | --                           |
| M        | Cate Patterson       | Carleton       | Sr.   | Racine, Wis.   Prairie School                             | 2019 (HM)   2021   2022      |
| F        | Jayla Ponce          | Augsburg       | Jr.   | Kuna, Idaho                                               | 2022                         |
| GK       | Kate Praetz          | St. Catherine  | Sr.   | Bolingbrook, Ill.                                         | 2021   2022                  |
| M        | Sophia Robinson      | Concordia      | Sr.   | Bozeman, Mont.                                            | 2019 (HM)   2021 (HM)   2022 |
| M        | Cambelle Waldspurger | Gustavus       | So.   | Mahtomedi, Minn.                                          | 2022 (HM)                    |
| D        | Abby Willenbring     | Saint Benedict | Sr.   | Lino Lakes, Minn.   Centennial                            | 2021 (HM)   2022             |
| D        | Ella Young           | Saint Benedict | Sr.   | Hudson, Wis.                                              | 2021                         |

## 2023 MIAC Women's Soccer Honorable Mention

| Position | Name          | Institution     | Class | Hometown   High School                | Previous Selections   |
|----------|---------------|-----------------|-------|---------------------------------------|-----------------------|
| F        | Malia Beilby  | Bethel          | So.   | Circle Pines, Minn.   Centennial      | 2022 (HM)             |
| D        | Mary Blaska   | Saint Benedict  | So.   | Vadnais Heights, Minn.   Totino-Grace | --                    |
| M        | Annika Lewis  | Gustavus        | Sr.   | Hudson, Wis.                          | 2022 (HM)             |
| GK       | Bre Nelson    | Concordia       | Sr.   | Fargo, N.D.   Davies                  | --                    |
| D        | Livi Novello  | Macalester      | Sr.   | East Lansing, Mich.                   | 2021 (AC)             |
| M        | Callie Patraw | Gustavus        | Jr.   | Ramsey, Minn.   Elk River             | --                    |
| F        | Tenley Voth   | St. Scholastica | So.   | Farmington, Minn.                     | --                    |
| D        | Maya Wachter  | Saint Mary's    | Jr.   | Dubuque, Iowa   Wahlert Catholic      | 2021 (HM)   2022 (HM) |
| GK       | Annie Waters  | Saint Benedict  | Jr.   | Lakeville, Minn.   North              | --                    |

## 2023 MIAC Women's Soccer All-Playoff Team

| Position | Name            | Institution    | Class | Hometown   High School                            | Previous Selections |
|----------|-----------------|----------------|-------|---------------------------------------------------|---------------------|
| D        | Piper Dean      | Carleton       | Jr.   | Arlington, Va.   Yorktown                         | 2022                |
| M        | Ari Green       | St. Catherine  | Sr.   | Hastings, Minn.                                   | --                  |
| M        | Emily Hinze     | St. Catherine  | Gr.   | Mendota Heights, Minn.   Henry Sibley             | --                  |
| M        | Kathryn Kresse  | Carleton       | So.   | Woodside, Calif.   Crystal Springs Uplands School | --                  |
| D        | Olivia Miller   | Saint Benedict | Jr.   | Eagan, Minn.                                      | --                  |
| F        | Hannah Mukhtar  | Concordia      | So.   | Fargo, N.D.   West Fargo Sheyenne                 | --                  |
| D        | Malia Neumann   | Augsburg       | Jr.   | Mankato, Minn.   West                             | --                  |
| D        | Livi Novello    | Macalester     | Sr.   | East Lansing, Mich.                               | --                  |
| F        | Jayla Ponce     | Augsburg       | Jr.   | Kuna, Idaho                                       | --                  |
| GK       | Kate Praetz     | St. Catherine  | Sr.   | Bolingbrook, Ill.                                 | 2022                |
| D        | Hallie Thompson | Concordia      | Jr.   | Great Falls, Mont.                                | --                  |